

T = Transfer work fulfills requirement

**CORE CURRICULUM**

EN121 Academic Writing & Research	3	_____
EN151 Introduction to Literature	3	_____
CO215 Public Speaking	3	_____
HS115 Historical Perspectives on Civ I or HS125 Mainstream of Civ I	3	_____
HS116 Historical Perspectives of Civ II or HS126 Mainstream of Civ II	3	_____
PL220 Introduction to Philosophy or PL260 Ethics	3	_____
One Course From:	2	_____
AR115 Intro to Art	_____	_____
MU115 Intro to Music	_____	_____
TH115 Intro to Theatre	_____	_____
Applied Experience in Arts	2	_____
BR111 Biblical History & Literature or BR231 O.T. Intro I or BR251 N.T. Intro I	3	_____
MI285 Understanding the Christian Faith	3	_____
BR _____ (non-introductory BR elective)	3	_____
Two Courses From:	6	_____
PS111 Public Policy	_____	_____
PY111 Intro to Psychology	_____	_____
SO111 Princ of Sociology	_____	_____
SO141 Cultural Anthropology	_____	_____
Science requirement met in pre-prof major Fitness majors must take one from:	4	_____
CH111/L Chemistry	_____	_____
PH111/L Physics	_____	_____
One Course From:	3-4	_____
MA115 Math Modeling	3	_____
MA151 Prob & Stats	4	_____
CS111 Intro to Computers	4	_____
PE110 Introduction to Wellness	1	_____
PE111/121 _____	.5	_____
PE111/121 _____	.5	_____
CAP475 Capstone Seminar	2	_____

**EXERCISE SCIENCE BS**

EX226 Athletic Training	2	_____
EX261 Foundations of Exer. Science	3	_____
EX265 Exercise Prescription	3	_____
EX311 Kinesiology	3	_____
EX316 Exercise Leadership	3	_____
EX321 Physiology of Exercise	3	_____
EX329 Lab Testing in Exer. Science	2	_____
EX395 Practicum in Exercise Science	2	_____
EX443 Evaluation in PE & EX	2	_____
EX495 Internship in Exercise Science	4	_____
BI161/L Cell Biology	4	_____
BI231/L Human Anatomy & Physiology	4	_____
BI271 Nutrition	3	_____
PE251 First Aid & Emergency Pro.	2	_____
PE351 School & Community Health Swimming Test	3	_____
<b>To complete pre-professional concentration (23 hours)</b>		
BI342/L Human Physiology	4	_____
CH161/L Principles of Chemistry I	4	_____
CH162/L Principles of Chemistry II	4	_____
PH211/L Principles of Physics I	4	_____
PH212/L Principles of Physics II	4	_____
PY461 Abnormal Psychology	3	_____
<i>(PY375, PY441 strongly recommended prior to PY461)</i>		
<b>To complete personal &amp; community fitness concentration (21 hours)</b>		
AC241 Principles of Accounting I	3	_____
BA252 Business Org & Management	3	_____
RC111 Foundations of Rec Manag.	3	_____
RC211 Community Rec & Youth Agen.	3	_____
RC221 Private & Commercial Rec.	3	_____
PY351 Social Psychology	3	_____
PY200+ Elective _____	3	_____

Electives/Minors \_\_\_\_\_

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**A Minimum of 128 Hours is required for any Bachelor's Degree**

**HU hours earned** \_\_\_\_\_

**Transfer hours** \_\_\_\_\_

**Hours yet to complete** \_\_\_\_\_

J-TERMS	UPPER-LEVEL COURSES (36 hours required)		
1 _____	_____	_____	_____
2 _____	_____	_____	_____
3 _____	_____	_____	_____