



# coffey break

a publication of the student development office

## CAMPUS MINISTRIES

January 31, 2005

Vol. 9 No. 21

**Verse Of The Year:** And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ - **Ephesians 3:17b-18.**

### **CHAPEL Service Emphasis Week with Oreon Trickey**

Tues. 10:00 a.m. in the MCA  
Wed. 11:00 a.m. @ Norm's  
9:30 p.m. Ekklesia in MCA  
Thur. 10:00 a.m. in the MCA  
Fri. 11:00 a.m. Honors Convocation

All Chapels are for **CORE** credit this week.

## ACADEMIC

**Interested in Study Abroad for next year (2005-2006)?** If so, you will need to get your applications in soon. According to current policy, students who desire to study off campus for a semester (excluding PRIME) need to apply through the Off Campus and International Studies Office. **The deadline for applications for next year will be February 4<sup>th</sup>.** You still have a few weeks, but don't wait until the last minute. Decisions on applications should be made by the first week of March. Keep in mind that you will still need to complete any application procedures for the actual program to which you are applying. If you have questions about the process or need to pick up an application, contact Dr. Todd Martin at x4248, via email at [tmartin@huntington.edu](mailto:tmartin@huntington.edu) or come by his office, Loew-Brenn 486.



**The resource center will be at the D.C. near the cafeteria on February 9<sup>th</sup> and 10<sup>th</sup> from 11:30 a.m. to 1:00 p.m.** Take a minute

during lunch to say Hi and pick up your free gift certificate for Coffee d'Vine. And, while you're there, talk with us about an appointment to discuss a job shadow, practicum or internship experience opportunity. Don't wait! A real world experience on your resume' will make a difference!

## ADMINISTRATIVE

**The Writing Center located in room 102 of Loew-Brenn Hall (the Learning Center) is open from 11:00 a.m. to 1:00 pm on Wednesdays and from 7:00 to 9:00 pm on Thursday evenings.** There is no charge for this service. **Questions? Contact Kris (4290) or Denise (4079).**

**Attention January Graduates:** If you have borrowed a **Federal Stafford Loan** or **Federal Perkins Loan**, you must come to the Financial Aid Office to complete your exit interview paperwork. Thank You!

### **IMPORTANT NOTICE FOR FINANCIAL AID**

Remember to MAIL your FAFSA (Free Application for Federal Student Aid) so it is received at the Federal processor **before March 10, 2005.** If you filed the paper FAFSA for 2004/05, you will receive a renewal application at your home address. If you filed on the web, you should receive an email notifying you to file online. If you do not receive a FAFSA before January 31, 2005, you may pick one up in the Financial Aid Office. **You can also file the FAFSA on the web by going to [www.fafsa.ed.gov](http://www.fafsa.ed.gov). YOU MUST FILE THE FAFSA TO RECEIVE ANY STATE AND/OR FEDERAL AID AND TO QUALIFY FOR A FEDERAL STUDENT LOAN.**

**ATTENTION GRADUATING SENIORS\_** The **GRADUATION FAIR** will be held Tuesday, February 8 from 10:00 am – 6:00 pm and Wednesday, February 9 from 10:00 am – 4:00 pm on the lower level of the HUB.

### **Graduating Seniors are REQUIRED to:**

- **Order your CAP and GOWN**
- **Verify graduation requirements** and check the spelling of your name for the diploma order and commencement bulletin at the Registrar's table.
- **Visit Financial Aid** if you have borrowed any loans.
- You may also Order Personalized Graduation Announcements, Order an official HC Class Ring, Order Graduation Videos, Visit Career Services for Credential File Information, and visit with members of the Alumni Office. **PLAN TO ATTEND THIS IMPORTANT EVENT!!!!!!**

### **NEWS FROM THE CAREER DEVELOPMENT OFFICE**

- **CAMP DAYS 2005 will be held Monday, January 31 and Tuesday, February 1 on the lower level of the DC.** Recruiters from approximately 30 camps will be on campus to discuss summer opportunities they have available. Plan to speak with recruiters to learn more!!!!
- **You can still sign up for the Career Exploration Class, SS113.** For details contact Martha Smith x-4040.
- **Want the opportunity to gain awesome practical experience while advancing God's kingdom?** Church Doctor Ministries, a non-profit church-consulting ministry, is offering an internship to qualified candidates. Some of the possibilities include business management, church consulting, marketing, sales, database design and maintenance, graphic and newsletter design, development, computer programming, desktop publishing, operations, and missions. We can teach you how to raise support for your salary, or this can be an unpaid internship with eternal benefits – your choice. For more information, visit [www.churchdoctor.org](http://www.churchdoctor.org), call us at 800-626-8515 or e-mail [bobdavis@churchdoctor.org](mailto:bobdavis@churchdoctor.org). Please e-mail (Word or PDF), fax, or mail a resume and cover letter to: Church Doctor Ministries, c/o Bob Davis, 1230 U.S. Highway Six, Corunna, IN 46730-0145, Fax 260-281-2167 [bobdavis@churchdoctor.org](mailto:bobdavis@churchdoctor.org).
- **The 2005 Northeastern Indiana Career Employment Expo** will be held on Tuesday, February 15, 2005 from 2:00-7:00 p.m. at the War Memorial Coliseum in Fort Wayne. This **JOB FAIR** provides an excellent opportunity for you to talk to employers about **FULL-TIME JOBS** and/or **INTERNSHIPS**. A list of employers attending the Expo, which is updated frequently, can be found at <http://asp.symphlicity.com/nice>. When arriving, let them know that you are attending the job fair – **PARKING IS FREE FOR ALL HC STUDENTS!!!!!!** Questions? Contact Tana Fortney in the Career Development Office at x. 4027. **DON'T PASS UP THIS GREAT OPPORTUNITY!!!!!!**

## **WHERE ARE THEY NOW?**

**Julie Hanna, a 1999 Elementary Education major** is currently teaching ½ day ESL and ½ day Kindergarten for West Noble School Corporation. At the time she graduated she substituted taught, which gave her experience in many teaching areas. The following year she was asked to teach English as a Second Language for grades K- 8. She was not licensed in ESL, but she was open to it and now she LOVES it! She is thankful for her education at Huntington College, especially the education classes, for they truly were the ones to prepare her to step out of her comfort zone. Her words of wisdom to current students: **"HC is a wonderful place to go for an education and to grow (in all areas) as a person. Remember, you will reap what you put in to it, so be willing to learn and grow. God will revolutionize your life while you are at HC and that is awesome!"**

## "Did You Know?"...from Health Services

**BWARE OF ENERGY SAPPERS** - (Continued from last week) **1) Reach for carbohydrates when you're feeling low** - Your mood is likely to improve within 30 minutes. Carbs can increase brain levels of serotonin, a substance that eases depression and helps you concentrate. To get the benefits, you should eat the carbohydrates without protein or fat. Try a bagel or dry cereal. **2) Avoid crash diets** - A good nutritional balance is basic to maintaining energy. Some high protein food plans may sound like energizers, but a diet that cuts back drastically on carbohydrates or calories can create a serotonin shortage that can make you feel depressed. **3) Practice worry control** - Ask yourself: What's the worst that could happen? Usually, it's not that bad. If you're a chronic worrier, try the tactic suggested by psychologist Peter Hauri in his book *No More Sleepless Nights*. Set aside half an hour daily to worry. Sit alone in a quiet room and write each worry on a file card. Then note the best solution at the bottom of each. The goal is to process every worry so you can let go of it.

**BLOOD TESTS TO BE OFFERED** - The Health Services Department, along with the Parkview Huntington Hospital Lab, will offer blood screens for students, staff, and faculty on **Thursday, February 17**. The screenings will take place in the upper level of Habecker Dining Commons in conference room #1, starting at **7:00 a.m. - 10:00 am** by appointment. Some of the blood tests will be given at a reduced cost per test. The tests that are being offered are as follows: **Blood Chem Profile** (17-panel blood test for various conditions; ex: high blood sugar, cholesterol & potassium levels.) **Hemogram test** (anemia and leukemia screening) **PSA blood test** (prostate cancer screening) and **TSH** - Thyroid test (hypothyroidism or hyperthyroidism screening). A 12-hour fasting is required for ALL tests. To schedule an appointment, contact health services at **ext. 4072** or by e-mail to Susie Rahn.

## CLUBS, ORGANIZATIONS, ACTIVITIES, ETC.

**Auditions for  
THE CURIOUS SAVAGE  
by John Patrick**

5 Men, 6 Women

**Monday, January 31<sup>st</sup> 6:00 pm in MCA.**

### **LAZER X for TSUNAMI RELIEF**

**February 5 from 9:00 p.m. - 1:00 a.m.**  
free video games and countless rounds of  
Lazer tag

(look for directions in your campus mail box)

**\*\*cost is a minimum \$2 but ALL money received goes to Tsunami relief work\*\***

### **JMC NEWS:**

**Mark your calendar...Thursday, February 10<sup>th</sup> is our second JMC blood drive of the year!** We'd love your participation! In addition to having sign-ups at lunch in the DC and at chapel, we wanted to give you an opportunity to sign up for an appointment through email. If you'd like to give blood, please email Joanne Miller ([jmiller@huntington.edu](mailto:jmiller@huntington.edu)) at least two different times that would work for you. Here are the details... The drive will begin at 11:00 a.m. with the last appointment slot at 4:45 p.m. Appointments are taken every 15 minutes so hopefully you can find a time that suits your schedule. You should plan on the entire process taking approximately 1 hour. The drive will be held in the upper level of the Dining Commons. Please be sure to bring your blood donation ID card or driver's license with you when you give! Thanks! Let me know if you have any questions! Joanne

**Volunteers are needed** for kid's divorce care program at Emmanuel Community Church. This 13 week video-based program begins Sunday, February 27 (from 6:30-8:00pm). It's designed to help kids whose parents have gotten or are getting a divorce. Volunteers are needed to help read stories, organize crafts, help with snacks, lead singing and just be a

support to these kids. If interested in helping all 13 weeks or just a few Sundays (as your schedule permits), contact Joanne at x4286.

**SPRING BREAK TRIP!** The time has come to determine where you will be spending your Spring Break. This year Habitat plans on going to Morgantown, West Virginia. Cost for the trip is going to be between \$200-300 depending on fundraising. If you are at all interested in the trip email: [karafultz@huntington.edu](mailto:karafultz@huntington.edu), or if you want to go just turn in a \$50 deposit in Joanne Miller's office.

**STUDENT SENATE wants YOU** (and will PAY for you) to attend Student AIDS Summit: A Christian Call to Action on February 17-19<sup>th</sup>. Deadline to sign up is Monday, January 31<sup>st</sup>/ by 12:00 pm on the student senate office door. For more details, check with a senate member or information can be found at [www.wheatonsgac.org](http://www.wheatonsgac.org)

**We are listening to your suggestions!** Your meal exchange program just got more flexible and your meal exchange time has increased! Meal exchange hours have been lengthened in the evenings to Monday through Friday 6:45 PM to 10:00 PM and Saturdays from 6:00 to 8:00 PM. Day meal exchange hours remain the same, 11:00 AM to 3:00 PM. We've also made your selections more flexible. Want soup instead of fries? Want a side salad instead of chips? Want fries with any of your sandwich selections? Mix and match and make your meal your own. See the new menu sign for complete details. Come check it out. We look forward to serving you.

**Dear campus community,** Promise Keepers will hold its first men's rally of 2005 in Fort Wayne at the Coliseum on May 20-21. This is the first time the ministry has staged an outreach event in northeast Indiana. Pete Schownir, Jeff Berggren, and I met with PK representative Thom Tougas this morning. Thom is the national volunteer services director for PK. He is currently recruiting Christian men and women to help with the Fort Wayne rally. More than 800 volunteers will be needed. Information about volunteer opportunities is attached and also located online at <http://www.promisekeepers.org/volrjobs20>. Very soon, interested persons will be able to register as volunteers through this web site. Thom also indicated that men wishing to register for the conference can save \$20 by registering before February 15, 2005. Call 800-888-7595 to register. Additional information is attached. See also <http://www.promisekeepers.org/ftwayne05>. For testimonies of persons whose lives have been changed through PK, please see <http://www.promisekeepers.org/paff10>. I encourage you -- both men and women -- to consider volunteering for this effective ministry event. John W. Paff, APR

### **JOBS**

✦ **The baseball team is looking for a student assistant to keep the scorebook** at all home and away games. It is not a paid position, but the student will receive a varsity letter. Student must be able to be at all home and away games except for spring trip. If interested please contact Mike Frame @ [mframe@huntington.edu](mailto:mframe@huntington.edu) or at ext. 4082.

✦ **SUMMER JOB OPPORTUNITY:** Are you looking for a great opportunity to gain valuable career experience? Do you want to live on Campus for the summer? I have the job for you! I am searching for one male Residential Conference Assistant (RCA) to join the 2005 Summer Conference Team. This is an 11-week position commencing May 25 and concluding August 5, 2005. Applications are available at the Merillat Centre for the Arts office (box office). If you have questions or need additional information contact Steve Pozezanac at the MCA, ext. 4260, [spozezanac@huntington.edu](mailto:spozezanac@huntington.edu). Get ready to have some Summer Fun and join our Summer Conference Team!!

✦ **Ushers Needed:** Christian artist Cheri Keaggy will be performing in the Zurcher Auditorium, Merillat Centre for the Arts, on Friday, February 4 at 7:30 pm. If you would like to usher and see this concert for free please contact: Steve Pozezanac, Director, Merillat Centre for the Arts at #4260 or [spozezanac@huntington.edu](mailto:spozezanac@huntington.edu)