

T = Transfer work fulfills requirement

**CORE CURRICULUM**

EN121 Academic Writing & Research	3	_____
EN151 Perspectives on Literature	3	_____
CO215 Public Speaking	3	_____
HS115 Hist Persp of Civ and Cult I	3	_____
HS116 Hist Persp of Civ and Cult II	3	_____
One Philosophy Course:	3	_____
PL220 Intro to Philosophy		_____
PL260 Ethics		_____
One Artistic Appreciation Course:	2	_____
AR115 Intro to Art		_____
DM115 Intro to DMA		_____
MU115 Intro to Music		_____
TH115 Intro to Theatre		_____
Creative Studio Arts	1	_____
One Bible Course:	3	_____
BT111 Biblical Hist & Lit		_____
BT231 Old Test Intro I		_____
BT251 New Test Intro I		_____
MI285 Understanding the Christian Faith	3	_____
BT333TB Theological Bioethics	3	_____
PY111 Introduction to Psychology	3	_____
SO111 Principles of Sociology	3	_____
CH141/L Intro to Biological Chemistry	4	_____
PH111/L Physics & the Modern World	4	_____
MA151 Intro to Probability & Statistics	4	_____
EX101 Wellness for Life	2	_____

**UPPER-LEVEL COURSES**

(36 hours required)

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**A Minimum of 120 Hours is required for any Bachelor's Degree**

**EXERCISE SCIENCE AND NUTRITION BS**

**Exercise Science**

EX111 Foundations of Exercise Science	3	_____
EX151 Health & Fitness Test & Prescription	3	_____
EX271 Nutrition	3	_____
EX287 Medical Terminology	2	_____
EX311 Struct Kinesiology & Biomechanics	3	_____
EX318 Sport & Exercise Psychology	3	_____
EX321/L Exercise Physiology and Lab	4	_____
EX326 Prevention and Care of Ath Injuries	3	_____
EX395 Practicum in Exercise Science	2	_____
EX431 Princ of Strength & Conditioning	3	_____
EX443 Intro to Research in Kinesiology	3	_____
EX465 Senior Sem in Exercise Prescription	3	_____
EX495 Internship	3	_____

**Required Sciences**

BI241/L Human Anatomy & Physiology I	4	_____
BI242/L Human Anatomy & Physiology II	4	_____
BI311 Metabolism of Nutrients	3	_____
BI312 Nutritional Assess & Education	3	_____

**Three Courses From:**

8-9 \_\_\_\_\_

BA252 Bus Organization & Mgmt	3	_____
BA341 Organizational Comm	3	_____
BI232/L Microbiology for Hlth Sci	3	_____
EX395 Practicum	1-3	_____
EX425 Nutrition for Phys Act	3	_____
EX418 Fund of Nut & Beh Change	3	_____
EX452 Special Topics in Kines	3	_____
EX490 Independent Study	1-4	_____
EX495 Internship	2-4	_____
PY230 Human Development	3	_____
PY321 Interpersonal Relations	3	_____
PY351 Social Psychology	3	_____
PY461 Abnormal Psychology	3	_____

**CPR Certification [ ]**

Electives/Minors \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**HU hours earned** \_\_\_\_\_

**Transfer hours** \_\_\_\_\_

**Hours yet to complete** \_\_\_\_\_