

# Huntington University

## Guide to Typical Programs, 2019-2023

# Sport & Exercise Studies (B.S. Degree)

## Advisor: Dr. F. Miller

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

Fall 2019	J-Term 2020	Spring 2020	Summer 2020
<u>EX 111:</u> Found of Exercise Science 3 <u>PH 111:</u> Physics & the Modern World <sup>3</sup> 4 HS 115: Hist Persp on Cult & Civ I 3 EN 121: Academic Writing & Research 3 EX 101: Wellness for Life 2 <b>total 15</b>	Required J-Term 2 <b>total 2</b>	<u>EX 151:</u> Health & Fitness 3 <u>CH141:</u> Intro to Biological Chemistry <sup>3</sup> 4 <u>PY 111:</u> Introduction to Psychology <sup>1</sup> 3 HS 116: Hist Persp on Cult & Civ II 3 EN 151: Perspectives on Literature 3 <b>total 16</b>	<b>total</b>
Fall 2020	J-Term 2021	Spring 2021	Summer 2021
<u>BA 252:</u> Business Org & Management 3 <u>BI 241:</u> Human Anat & Physiology I 4 <u>EX 287:</u> Medical Terminology <sup>7</sup> 2 <u>SO 111:</u> Principles of Sociology <sup>1</sup> 3 MI 285: Understand the Christian Faith 3 Creative Studio Arts 1 <b>total 16</b>	<u>EX395: Practicum in Exercise Science</u> <sup>6</sup> 2 <b>total 2</b>	<u>BI 242:</u> Human Anat & Physiology II 4 <u>EX 271:</u> Nutrition 3 BR 111: Biblical History & Literature 3 CO 215: Public Speaking 3 115: Intro to AR/DM/MU/TH 2 <b>total 15</b>	<b>total</b>
Fall 2021	J-Term 2022	Spring 2022	Summer 2022
<u>EX 321/L:</u> Exercise Physiology and Lab 4 <u>EX 326:</u> Prev & Care of Athletic Inj 3 <u>PY 351:</u> Social Psychology 3 <u>Sport &amp; Exercise Elective</u> <sup>5</sup> 3 Elective 2 <b>total 15</b>	Required J-Term 2 <b>total 2</b>	* <u>BA 341:</u> Organizational Communication 3 <u>BR333TB:</u> Theological Bioethics <sup>4</sup> 3 <u>EX 311:</u> Struct Kinesiology & Biomech 3 <u>MA 151:</u> Intro to Probability & Statistics <sup>2</sup> 4 <u>Sport &amp; Exercise Elective</u> <sup>5</sup> 2-3 <b>total 15-16</b>	<b>total</b>
Fall 2022	J-Term 2023	Spring 2023	Summer 2023
<u>EX 443:</u> Intro to Resrch in Kinesiology 3 <u>PY 461:</u> Abnormal Psychology 3 <u>Sport &amp; Exercise Elective</u> <sup>5</sup> 3 PL____: Intro to Philosophy/Ethics 3 Elective 3 <b>total 15</b>	<b>total</b>	<u>EX 431:</u> Principles of Strength & Cond 3 <u>EX 465:</u> Senior Sem in Exercise Prescrip 3 <u>EX 495:</u> Internship in Exercise Science <sup>7</sup> 3 Electives 6 <b>total 15</b>	<b>total</b>

### NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Three courses must be taken from EX 318, 395, 425, 428, 452, 490, 495, BI 232/L, 311, 312, PY 230, 321 (at least one course must be taken from EX 318, 425, 428, or 452).
6. Students must take EX 395 (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
7. EX 287 may be taken during J-Term. EX 495 may be taken during J-Term of the senior year.
8. Students are required to show evidence of CPR certification as a requirement for graduation.

\*Indicates alternating year course.

Underlining indicates required for major.