

Huntington University

3-Year Guide to Typical Programs, 2021-2024

Exercise & Movement Science (B.S. Degree)

Advisors: Drs. F. Miller & Watson

3-Year Plans work for students who can earn credit outside the regular semester (dual-credit, early entry, summer courses, CLEP/AP exams).

Summer 2021	Fall 2021	J-Term 2022	Spring 2022
Dual Credit Transfer/Summer: MA 151: <u>Intro to Prob & Stats</u> ² 4 EN 121: Academic Writing & Rsrch 3 total 7	<u>BI 241:</u> <u>Human Anat & Physiology I</u> 4 <u>EX 111:</u> <u>Found of Exercise Science</u> 3 <u>EX 287:</u> <u>Medical Terminology</u> 2 <u>PY 111:</u> <u>Intro to Psychology</u> ¹ 3 HS 115: Hist Persp on Cult & Civ I 3 total 15	Required J-Term 2 total 2	<u>BI 242:</u> <u>Human Anat & Physiology II</u> 4 <u>EX 151:</u> <u>Health & Fitness</u> 3 <u>SO 111:</u> <u>Principles of Sociology</u> ¹ 3 CO 215: Public Speaking 3 HS 116: Hist Persp on Cult & Civ II 3 total 16
Summer 2022	Fall 2022	J-Term 2023	Spring 2023
<u>EX 271:</u> <u>Nutrition</u> 3 EX 101: Wellness for Life 2 Elective 4 total 9	<u>BA 252:</u> <u>Business Org & Management</u> 3 <u>EX 326:</u> <u>Prev & Care of Athletic Inj</u> 3 <u>PH 211:</u> <u>Principles of Physics I</u> ^{3,5} 4 <u>PY 461:</u> <u>Abnormal Psychology</u> 3 BT ___: Introductory Bible 3 Creative Studio Arts 1 total 17	<u>EX 395:</u> <u>Practicum</u> 2 <u>in Exercise Sci</u> ⁷ total 2	<u>BT333TB:</u> <u>Theological Bioethics</u> ⁴ 3 <u>EX 311:</u> <u>Struct Kinesiology & Bio</u> 3 <u>PH 212:</u> <u>Principles of Physics II</u> ⁵ 4 EN 151: Perspectives on Literature 3 115: Intro to AR/DM/MU/TH 2 Elective 2 total 17
Summer 2023	Fall 2023	J-Term 2024	Spring 2024
<u>EX 318:</u> <u>Sport & Exercise Psych</u> ⁶ 3 <u>EX 495:</u> <u>Internship</u> 4 total 7	<u>CH 161:</u> <u>Principles of Chemistry I</u> ³ 4 <u>EX 321/L:</u> <u>Exercise Physiology & Lab</u> 4 <u>EX 443:</u> <u>Intro to Resrch in Kinesiology</u> 3 MI 285: Understand the Christian Faith 3 PL____: Intro to Philosophy/Ethics 3 total 17	Required J-Term 2 total 2	<u>BI 161:</u> <u>Cell Biology</u> 4 <u>CH 162:</u> <u>Principles of Chemistry II</u> 4 <u>EX 431:</u> <u>Princ of Strength & Cond</u> ⁶ 3 <u>EX 465:</u> <u>Sr Sem in Exercise Prescript</u> 3 Elective [300+ level] ¹⁰ 3 total 17

NOTES:

- SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
- MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
- CH 161 and PH 211 are necessary and will fulfill the core natural science requirements for this major.
- BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
- Students taking PH 211-212 must have MA 141 College Algebra and Trigonometry or math placement, or introductory calculus.
- Two courses must be taken from EX 318, 425, 428, 431, or 452.
- Students must take EX 395 (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
- Students are required to show evidence of CPR certification as a requirement for graduation.
- Majors must be careful in selection of electives so that a sufficient number of upper division courses are taken. A minimum of 36 hours of 300+ courses is required for graduation.
- Students who have taken AP exams, early-entry or dual-credit courses may be able to lighten the number of credits needed during a given semester and may even eliminate the need for summer coursework. The Registrar's Offices' evaluation of prior coursework will help students and their academic advisors plan out degree requirements.

*Indicates alternating year course.

Underlining indicates required for major.