

Huntington University

Guide to Typical Programs, 2021-2025

Sport & Exercise Studies (B.S. Degree)

Advisors: Dr. F. Miller & Prof. Watson

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

Fall 2021	J-Term 2022	Spring 2022	Summer 2022
<u>EX 111:</u> Found of Exercise Science 3 <u>SO 111:</u> Principles of Sociology ¹ 3 EN 121: Academic Writing & Research 3 HS 115: Hist Persp on Cult & Civ I 3 MI 285: Understand the Christian Faith 3 <p style="text-align: right;">total 15</p>	Required J-Term 2 <p style="text-align: right;">total 2</p>	<u>EX 151:</u> Health & Fitness 3 <u>CH 141:</u> Intro to Biological Chemistry ³ 4 EN 151: Perspectives on Literature 3 HS 116: Hist Persp on Cult & Civ II 3 EX 101: Wellness for Life 2 Creative Studio Arts 1 <p style="text-align: right;">total 16</p>	total
Fall 2022	J-Term 2023	Spring 2023	Summer 2023
<u>BI 241:</u> Human Anat & Physiology I 4 <u>EX 287:</u> Medical Terminology ⁷ 2 <u>PH 111:</u> Physics & the Modern World ³ 4 <u>PY 111:</u> Introduction to Psychology ¹ 3 BT ____: Introductory Bible 3 <p style="text-align: right;">total 16</p>	<u>EX395:</u> Practicum in Exercise Science ⁶ 2 <p style="text-align: right;">total 2</p>	<u>BA 252:</u> Business Org & Management 3 <u>BI 242:</u> Human Anat & Physiology II 4 <u>EX 271:</u> Nutrition 3 CO 215: Public Speaking 3 115: Intro to AR/DM/MU/TH 2 <p style="text-align: right;">total 15</p>	total
Fall 2023	J-Term 2024	Spring 2024	Summer 2024
<u>EX 321/L:</u> Exercise Physiology and Lab 4 <u>EX 326:</u> Prev & Care of Athletic Inj 3 <u>PY 351:</u> Social Psychology 3 <u>Sport & Exercise Elective⁵</u> 3 Elective 2 <p style="text-align: right;">total 15</p>	Required J-Term 2 <p style="text-align: right;">total 2</p>	* <u>BA 341:</u> Organizational Communication 3 <u>BT333TB:</u> Theological Bioethics ⁴ 3 <u>EX 311:</u> Struct Kinesiology & Biomech 3 <u>MA 151:</u> Intro to Probability & Statistics ² 4 Elective 3 <p style="text-align: right;">total 16</p>	total
Fall 2024	J-Term 2025	Spring 2025	Summer 2025
<u>EX 443:</u> Intro to Resrch in Kinesiology 3 <u>PY 461:</u> Abnormal Psychology 3 <u>Sport & Exercise Elective⁵</u> 3 PL____: Intro to Philosophy/Ethics 3 Elective 3 <p style="text-align: right;">total 15</p>	total	<u>EX 431:</u> Principles of Strength & Cond 3 <u>EX 465:</u> Senior Sem in Exercise Prescrip 3 <u>EX 495:</u> Internship in Exercise Science ⁷ 3 <u>Sport & Exercise Elective⁵</u> 2-3 Elective 3 <p style="text-align: right;">total 14-15</p>	total

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Three courses must be taken from EX 318, 395, 425, 428, 452, 490, 495, BI 232/L, 311, 312, PY 230, 321 (at least one course must be taken from EX 318, 425, 428, or 452).
6. Students must take EX 395 (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
7. EX 287 may be taken during J-Term. EX 495 may be taken during J-Term of the senior year.
8. Students are required to show evidence of CPR certification as a requirement for graduation.

*Indicates alternating year course.

Underlining indicates required for major.