

# Huntington University

## 3-Year Guide to Typical Programs, 2021-2024

# Sport & Exercise Studies (B.S. Degree)

## Advisors: Drs. F. Miller & Watson

3-Year Plans work for students who can earn credit outside the regular semester (dual-credit, early entry, summer courses, CLEP/AP exams).

Summer 2021	Fall 2021	J-Term 2022	Spring 2022
Dual Credit Transfer/Summer: MA 151: <u>Intro to Prob &amp; Stats</u> <sup>2</sup> 4 EN 121: Academic Writing & Rsrch 3 EX 101: Wellness for Life 2 <b>total 9</b>	<u>BI 241:</u> <u>Human Anat &amp; Phys I</u> 4 <u>EX 111:</u> <u>Found of Exercise Science</u> 3 <u>EX 287:</u> <u>Medical Terminology</u> 2 <u>PY 111:</u> <u>Intro to Psychology</u> <sup>1</sup> 3 HS 115: Hist Persp on Cult & Civ I 3 115: Intro to AR/DM/MU/TH 2 <b>total 17</b>	Required J-Term 2 <b>total 2</b>	<u>BI 242:</u> <u>Human Anat &amp; Phys II</u> 4 <u>EX 151:</u> <u>Health &amp; Fitness</u> 3 <u>SO 111:</u> <u>Principles of Sociology</u> <sup>1</sup> 3 CO 215: Public Speaking 3 HS 116: Hist Persp on Cult & Civ II 3 <b>total 16</b>
Summer 2022	Fall 2022	J-Term 2023	Spring 2023
<u>EX 271:</u> <u>Nutrition</u> 3 Electives 6 <b>total 9</b>	<u>BA 252:</u> <u>Business Org &amp; Management</u> 3 <u>EX 326:</u> <u>Prev &amp; Care of Athletic Inj</u> 3 <u>PH 111:</u> <u>Physics &amp; the Modern World</u> <sup>3</sup> 4 <u>PY 461:</u> <u>Abnormal Psychology</u> 3 BT ____: Introductory Bible 3 Creative Studio Arts 1 <b>total 17</b>	<u>EX395: Practicum</u> 2 <u>in Exercise Sci</u> <sup>6</sup> <b>total 2</b>	<u>BT333TB:</u> <u>Theological Bioethics</u> <sup>4</sup> 3 <u>CH 141:</u> <u>Intro to Biol Chemistry</u> <sup>3</sup> 4 <u>EX 311:</u> <u>Struct Kinesiology &amp; Bio</u> 3 <u>Sport &amp; Exercise Elective</u> <sup>5</sup> 2-3 EN 151: Perspectives on Literature 3 <b>total 15-16</b>
Summer 2023	Fall 2023	J-Term 2024	Spring 2024
<u>EX 318:</u> <u>Sport &amp; Exercise Psych</u> <sup>5</sup> 3 <u>EX 495:</u> <u>Internship</u> 3 <b>total 6</b>	<u>EX 321/L:</u> <u>Exercise Physiology &amp; Lab</u> 4 <u>EX 443:</u> <u>Intro to Resrch in Kinesiology</u> 3 <u>PY 351:</u> <u>Social Psychology</u> 3 MI 285: Understand the Christian Faith 3 PL____: Intro to Philosophy/Ethics 3 <b>total 16</b>	Required J-Term 2 <b>total 2</b>	* <u>BA 341:</u> <u>Organizational Comm</u> 3 <u>EX 431:</u> <u>Princ of Strength &amp; Cond</u> 3 <u>EX 465:</u> <u>Sr Sem in Exercise Prescript</u> 3 <u>Sport &amp; Exercise Elective</u> <sup>5</sup> 3 Electives 5 <b>total 17</b>

### NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Three courses must be taken from EX 318, 395, 425, 428, 452, 490, 495, BI 232/L, 311, 312, PY 230, 321 (at least one course must be taken from EX 318, 425, 428, or 452).
6. Students must take EX 395 (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
7. Students are required to show evidence of CPR certification as a requirement for graduation.
8. Students who have taken AP exams, early-entry or dual-credit courses may be able to lighten the number of credits needed during a given semester and may even eliminate the need for summer coursework. The Registrar's Offices' evaluation of prior coursework will help students and their academic advisors plan out degree requirements.

\*Indicates alternating year course.

Underlining indicates required for major.