

# Huntington University

## 3-Year Guide to Typical Programs, 2022-2025

# Exercise & Movement Science (B.S. Degree)

## Advisors: Drs. F. Miller & Watson

3-Year Plans work for students who can earn credit outside the regular semester (dual-credit, early entry, summer courses, CLEP/AP exams).

Summer 2022	Fall 2022	Spring 2023
Dual Credit Transfer/Summer: <u>MA 151: Intro to Prob &amp; Stats</u> <sup>2</sup> 4 EN 121: Academic Writing & Research 3  <b>total 7</b>	<u>BI 241: Human Anat &amp; Physiology I</u> 4 <u>EX 111: Found of Exercise Science</u> 3 <u>EX 287: Medical Terminology</u> 2 <u>PY 111: Intro to Psychology</u> <sup>1</sup> 3 HS 115: Hist Persp on Cult & Civ I 3  <b>total 15</b>	<u>BI 242: Human Anat &amp; Physiology II</u> 4 <u>EX 151: Health &amp; Fitness</u> 3 <u>SO 111: Principles of Sociology</u> <sup>1</sup> 3 CO 215: Public Speaking 3 HS 116: Hist Persp on Cult & Civ II 3  <b>total 16</b>
Summer 2023	Fall 2023	Spring 2024
<u>EX 271: Nutrition</u> 3 EX 101: Wellness for Life 2 Elective <sup>8</sup> 2  <b>total 7</b>	<u>EX 321/L: Exercise Physiology &amp; Lab</u> 4 <u>EX 326: Prev &amp; Care of Athletic Injury</u> 3 <u>PH 211: Principles of Physics I</u> <sup>3,5</sup> 4 Elective in Major <sup>6</sup> 3 BT ___: Introductory Bible 3  <b>total 17</b>	<u>BT333TB: Theological Bioethics</u> <sup>4</sup> 3 <u>EX 311: Struct Kinesiology &amp; Bio</u> 3 <u>EX 395: Practicum in Exercise Science</u> 2 <u>PH 212: Principles of Physics II</u> <sup>5</sup> 4 EN 151: Perspectives on Literature 3 115: Intro to AR/DM/MU/TH 2  <b>total 17</b>
Summer 2024	Fall 2024	Spring 2025
<u>EX 318: Sport &amp; Exercise Psychology</u> 3 <u>EX 495: Internship</u> 4  <b>total 7</b>	<u>CH 161: Principles of Chemistry I</u> <sup>3</sup> 4 <u>EX 443: Intro to Resrch in Kinesiology</u> 3 Elective in Major [300+ level] <sup>6</sup> 3 MI 285: Understand the Christian Faith 3 PL____: Intro to Philosophy/Ethics 3 Creative Studio Arts 1  <b>total 17</b>	<u>BI 161: Cell Biology</u> 4 <u>CH 162: Principles of Chemistry II</u> 4 <u>EX 431: Princ of Strength &amp; Cond</u> <sup>6</sup> 3 <u>EX 465: Sr Sem in Exercise Prescript</u> 3 Elective [300+ level] <sup>8</sup> 3  <b>total 17</b>

### NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 161 and PH 211 are necessary and will fulfill the core natural science requirements for this major.
4. BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Students taking PH 211-212 must have MA 141 College Algebra and Trigonometry or math placement, or introductory calculus.
6. Two courses must be taken from BA 252, BI 311, 312, EX 418, 425, 452, or PY461.
7. Students are required to show evidence of CPR certification as a requirement for graduation.
8. Students are required to have 120 hours to graduate, including a minimum of 36 hours of 300+ courses.
9. Students who have taken AP exams, early-entry or dual-credit courses may be able to lighten the number of credits needed during a given semester and may even eliminate the need for summer coursework. The Registrar's Offices' evaluation of prior coursework will help students and their academic advisors plan out degree requirements.

\*Indicates alternating year course.

Underlining indicates required for major.