

Huntington University

Guide to Typical Programs, 2022-2026

Exercise Science & Nutrition (B.S. Degree)

Advisors: Dr. F. Miller & Prof. Watson

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

Fall 2022			Spring 2023			Summer 2023		
<u>EX 111</u> :	<u>Found of Exercise Science</u>	3	<u>EX 151</u> :	<u>Health & Fitness Testing & Prescription</u>	3			
<u>SO 111</u> :	<u>Principles of Sociology</u> ¹	3	<u>CH 141</u> :	<u>Intro to Biological Chemistry</u> ³	4			
<u>EN 121</u> :	<u>Academic Writing & Research</u>	3	<u>EN 151</u> :	<u>Perspectives on Literature</u>	3			
<u>HS 115</u> :	<u>Hist Persp on Cult & Civ I</u>	3	<u>HS 116</u> :	<u>Hist Persp on Cult & Civ II</u>	3			
<u>MI 285</u> :	<u>Understand the Christian Faith</u>	3	<u>EX 101</u> :	<u>Wellness for Life</u>	2			
	total	15		total	15			total
Fall 2023			Spring 2024			Summer 2024		
<u>BI 241</u> :	<u>Human Anat & Physiology I</u>	4	<u>BI 242</u> :	<u>Human Anat & Physiology II</u>	4			
<u>EX 287</u> :	<u>Medical Terminology</u> ⁷	2	<u>EX 271</u> :	<u>Nutrition</u>	3			
<u>PH 111</u> :	<u>Physics & the Modern World</u> ³	4		<u>Elective in Major</u> ⁵	3			
<u>PY 111</u> :	<u>Introduction to Psychology</u> ¹	3	<u>CO 215</u> :	<u>Public Speaking</u>	3			
<u>BT ___</u> :	<u>Introductory Bible</u>	3	<u>115</u> :	<u>Intro to AR/DM/MU/TH</u>	2			
	total	16		total	15			total
Fall 2024			Spring 2025			Summer 2025		
<u>EX 321/L</u> :	<u>Exercise Physiology and Lab</u>	4	* <u>BI 312</u> :	<u>Nutritional Assess & Education</u>	3			
<u>EX 318</u> :	<u>Sport & Exercise Psychology</u>	3	<u>BT333TB</u> :	<u>Theological Bioethics</u> ⁴	3			
<u>EX 326</u> :	<u>Prev & Care of Athletic Inj</u>	3	<u>EX 311</u> :	<u>Struct Kinesiology & Biomech</u>	3			
<u>EX 395</u> :	<u>Practicum in Exercise Science</u>	2	<u>MA 151</u> :	<u>Intro to Probability & Statistics</u> ²	4			
* <u>EX 418</u> :	<u>Fund of Nutr & Behav Change</u>	3		<u>Elective</u>	3			
	total	15		total	16			total
Fall 2025			Spring 2026			Summer 2026		
<u>EX 443</u> :	<u>Intro to Resrch in Kinesiology</u>	3	* <u>BI 311</u> :	<u>Metabolism of Nutrients</u>	3			
<u>EX 495</u> :	<u>Internship in Exercise Science</u>	3	<u>EX 431</u> :	<u>Principles of Strength & Cond</u>	3			
	<u>Elective in Major</u> ⁵	3	<u>EX 465</u> :	<u>Senior Sem in Exercise Prescrip</u>	3			
<u>PL ___</u> :	<u>Intro to Philosophy/Ethics</u>	3		<u>Electives</u>	6			
	<u>Creative Studio Arts</u>	1						
	total	13		total	15			total

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Two courses must be taken from BA 252, 341, BI 232/L, EX 395, 425, 452, 490, 495, PY 230, 321, 351, 461.
6. Students are required to show evidence of CPR certification as a requirement for graduation.

*Indicates alternating year course.

Underlining indicates required for major.