

# Huntington University

## Guide to Typical Programs, 2023-2027

# Exercise & Movement Science (B.S. Degree)

## Advisors: Dr. F. Miller & Prof. Watson

Note that this is a “Typical Program.” Actual programs will vary. See the Academic Catalog for official details.

Fall 2023			Spring 2024			Summer 2024		
<u>EX 111:</u>	<u>Found of Exercise Science</u>	3	<u>EX 151:</u>	<u>Health &amp; Fitness</u>	3			
<u>PH 211:</u>	<u>Principles of Physics I<sup>3,5</sup></u>	4	<u>PH 212:</u>	<u>Principles of Physics II<sup>5</sup></u>	4			
<u>EN 121:</u>	<u>Academic Writing &amp; Research</u>	3	<u>PY 111:</u>	<u>Introduction to Psychology<sup>1</sup></u>	3			
<u>EX 101:</u>	<u>Wellness for Life</u>	2	<u>EN 151:</u>	<u>Perspectives on Literature</u>	3			
<u>HS 115:</u>	<u>Hist Persp on Cult &amp; Civ I</u>	3	<u>HS 116:</u>	<u>Hist Persp on Cult &amp; Civ II</u>	3			
<u>SS 111:</u>	<u>First-Year Seminar</u>	1						
	<b>total</b>	<b>16</b>		<b>total</b>	<b>16</b>			<b>total</b>
Fall 2024			Spring 2025			Summer 2025		
<u>BI 241:</u>	<u>Human Anat &amp; Physiology I</u>	4	<u>BI 242:</u>	<u>Human Anat &amp; Physiology II</u>	4			
<u>EX 287:</u>	<u>Medical Terminology<sup>8</sup></u>	2	<u>EX 271:</u>	<u>Nutrition</u>	3			
<u>SO 111:</u>	<u>Principles of Sociology<sup>1</sup></u>	3	<u>MA 151:</u>	<u>Intro to Probability &amp; Statistics<sup>2</sup></u>	4			
<u>BT ___:</u>	<u>Introductory Bible</u>	3	<u>MI 285:</u>	<u>Understand the Christian Faith</u>	3			
<u>CO 215:</u>	<u>Public Speaking</u>	3		<u>Creative Studio Arts</u>	1			
	<b>total</b>	<b>15</b>		<b>total</b>	<b>15</b>			<b>total</b>
Fall 2025			Spring 2026			Summer 2026		
<u>CH 161:</u>	<u>Principles of Chemistry I<sup>3</sup></u>	4	<u>BT333TB:</u>	<u>Theological Bioethics<sup>4</sup></u>	3			
<u>EX 318:</u>	<u>Sport &amp; Exercise Psychology</u>	3	<u>CH 162:</u>	<u>Principles of Chemistry II</u>	4			
<u>EX 321/L:</u>	<u>Exercise Physiology &amp; Lab</u>	4	<u>EX 311:</u>	<u>Struct Kinesiology &amp; Biomech</u>	3			
<u>EX 326:</u>	<u>Prev &amp; Care of Athletic Inj</u>	3		<u>Elective in Major<sup>6</sup></u>	3			
<u>EX 395:</u>	<u>Practicum in Exercise Science</u>	2	115:	<u>Intro to AR/DM/MU/TH</u>	2			
	<b>total</b>	<b>16</b>		<b>total</b>	<b>15</b>			<b>total</b>
Fall 2026			Spring 2027			Summer 2027		
<u>EX 443:</u>	<u>Intro to Resrch in Kinesiology</u>	3	<u>BI 161:</u>	<u>Cell Biology</u>	4			
<u>EX 495:</u>	<u>Exercise Science Internship<sup>8</sup></u>	4	<u>EX 431:</u>	<u>Principles of Strength &amp; Cond</u>	3			
	<u>Elective in Major [300+ level]<sup>6</sup></u>	3	<u>EX 465:</u>	<u>Senior Sem in Exercise Prescript</u>	3			
<u>PL___:</u>	<u>Intro to Philosophy/Ethics</u>	3		<u>Elective [300+ level]<sup>10</sup></u>	3			
	<u>Elective</u>	1						
	<b>total</b>	<b>14</b>		<b>total</b>	<b>13</b>			<b>total</b>

### NOTES:

- SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
- MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
- CH 161 and PH 211 are necessary and will fulfill the core natural science requirements for this major.
- BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
- Students taking PH 211-212 must have MA 141 College Algebra and Trigonometry or math placement, or introductory calculus.
- Two courses must be taken from BA 252, BI 311, 312, EX 418, 425, 452, or PY 461.
- Students are required to show evidence of CPR certification as a requirement for graduation.
- Majors must be careful in selection of electives so that a sufficient number of upper division courses are taken. A minimum of 36 hours of 300+ courses is required for graduation.

\*Indicates alternating year course.

Underlining indicates required for major.