

Huntington University

Guide to Typical Programs, 2023-2027

Exercise Science & Nutrition (B.S. Degree)

Advisors: Dr. F. Miller & Prof. Watson

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

Fall 2023	Spring 2024	Summer 2024
<u>EX 111:</u> Found of Exercise Science 3 <u>SO 111:</u> Principles of Sociology ¹ 3 EN 121: Academic Writing & Research 3 HS 115: Hist Persp on Cult & Civ I 3 MI 285: Understand the Christian Faith 3 SS 111: First-Year Seminar 1 <p style="text-align: right;">total 16</p>	<u>EX 151:</u> Health & Fitness Testing & Prescription 3 <u>CH 141:</u> Intro to Biological Chemistry ³ 4 EN 151: Perspectives on Literature 3 EX 101: Wellness for Life 2 HS 116: Hist Persp on Cult & Civ II 3 <p style="text-align: right;">total 15</p>	total
Fall 2024	Spring 2025	Summer 2025
<u>BI 241:</u> Human Anat & Physiology I 4 <u>EX 287:</u> Medical Terminology ⁷ 2 <u>PH 111:</u> Physics & the Modern World ³ 4 <u>PY 111:</u> Introduction to Psychology ¹ 3 BT ___: Introductory Bible 3 <p style="text-align: right;">total 16</p>	<u>BI 242:</u> Human Anat & Physiology II 4 <u>EX 271:</u> Nutrition 3 <u>Elective in Major</u> ⁵ 3 CO 215: Public Speaking 3 115: Intro to AR/DM/MU/TH 2 <p style="text-align: right;">total 15</p>	total
Fall 2025	Spring 2026	Summer 2026
<u>EX 321/L:</u> Exercise Physiology and Lab 4 <u>EX 318:</u> Sport & Exercise Psychology 3 <u>EX 326:</u> Prev & Care of Athletic Inj 3 <u>EX 395:</u> Practicum in Exercise Science 2 <u>Elective in Major</u> ⁵ 3 <p style="text-align: right;">total 15</p>	* <u>BI 311:</u> Metabolism of Nutrients 3 <u>BT333TB:</u> Theological Bioethics ⁴ 3 <u>EX 311:</u> Struct Kinesiology & Biomech 3 <u>MA 151:</u> Intro to Probability & Statistics ² 4 Elective 2 <p style="text-align: right;">total 15</p>	total
Fall 2026	Spring 2027	Summer 2027
<u>EX 443:</u> Intro to Resrch in Kinesiology 3 <u>EX 495:</u> Internship in Exercise Science 3 <u>Elective in Major</u> ⁵ 3 PL____: Intro to Philosophy/Ethics 3 Creative Studio Arts 1 <p style="text-align: right;">total 13</p>	* <u>BI 312:</u> Nutritional Assess & Education 3 <u>EX 431:</u> Principles of Strength & Cond 3 <u>EX 465:</u> Senior Sem in Exercise Prescrip 3 Electives 6 <p style="text-align: right;">total 15</p>	total

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BT 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Three courses must be taken from BA 252, 341, BI 232/L, EX 395, 418, 425, 452, 490, 495, PY 230, 321, 351, 461.
6. Students are required to show evidence of CPR certification as a requirement for graduation.

*Indicates alternating year course.

Underlining indicates required for major.