

# HUNTINGTON

## — UNIVERSITY —

### Graduate Counseling Program

We provide Christ-centered, quality counselor training that promotes both scholarship and service

### CN 600 Personal Development Process Group Fall, 2019

#### Course Dates

The online portion of this course will begin August 12. The residential portion of this course is Wednesday, August 21 to Friday, August 23 (8:00 am- 5:00 pm). The course concludes online on September 1.

#### Course Description

Students will participate in a process group training experience led by a trained faculty facilitator. They will grow in the critical relational skills that are necessary to lead well, have stimulating interactive times and receive targeted feedback. Students will have a confidential place for personal character development.

#### Course Objectives

As a result of this course (online and intensive) students will have opportunity to:

1. Demonstrate an understanding of the four core competencies of character development: attachment, separation, integration and adulthood.
2. Develop an understanding of their strengths and growth areas with regard to character development.
3. Develop an understanding and some of the skills necessary to implement change strategies that build character maturation in a person's life.
4. Experience a healing community characterized by the communication of grace and truth.
5. Demonstrate an understanding of character development and change strategies within a Christian worldview.

#### Course Text

Townsend, J. (1991). *Hiding from love*. Zondervan; Grand Rapids, MI  
ISBN: 978-0310201076

## **Course Overview:**

Learning Objectives: A majority of the experiences for this course will take place during the intensive on the Huntington University campus. As a result, there are only five learning objectives for this course. Learning activities and assignments are to be completed and posted on the day and time indicated. Each module has 2 or 3 activities and assignments. You will be assessed points for the quality of your work on each of the assignments. Each assignment lists the points that can be earned, up to a maximum of points for the class. The grading scale below identifies the necessary points for each corresponding grade.

Attendance Policy: Failure to participate in the first two days will result in automatic withdrawal from the course. See the Student Handbook on the Huntington University portal for additional details. <http://my.huntington.edu>

## **Course Assignments:**

Reflections on the reading will be evaluated on how the writer analyzes, evaluates and synthesizes information. Papers will also be graded on spelling, grammar, and clear, succinct writing style. American Psychological Association (APA) format is required for all papers. All papers should be double spaced, unless otherwise noted. You may want to purchase: *The Publication Manual of the American Psychological Association, Sixth Edition*, or use "Citation Help" on the Moodle website. Your reflections on the readings will need to be a minimum of 250 words.

Responses to other student's reflections are optional and will not use the APA style because you are communicating your thoughts and feelings about another student's post. If you choose to use another source to enhance your reflections, you will need to cite the source according to APA format.

## **Grading Scale:**

A	95-100
A-	92-94
B+	89-91
B	85-88
B-	82-84
C+	79-81
C	75-78
C-	72-74
D+	69-71
D	65-68
D-	62-64
F	61 and below

*Final course grades of C- or lower are not acceptable and the course will need to be repeated.*

**Course Evaluation**

As a part of the university's ongoing assessment of faculty and classes, you will be asked to fill out an online evaluation pertaining to the course objectives and instruction. Your instructor will receive the results of the evaluation after grades are submitted and they will be anonymous. If you have any questions, please call the Adult Program's office at 800-600-4888.

**Technology Support:**

If you have any technical questions or problems with Moodle or other technology, you can email [huhelpdesk@huntington.edu](mailto:huhelpdesk@huntington.edu) or call phone support at 260-359-4357. Phone support hours are: Monday – Friday 8:00 AM to 5:00 PM

**Plagiarism and Cheating:**

Plagiarism is the use of the ideas; information or wording of another without proper acknowledgement, leaving the false impression that the material is original with the student. Students will be held responsible for knowing the difference between legitimate and illegitimate use of source material.

The academic community places high value on intellectual honesty. Representation of work as one's own but taken from another source by plagiarism or cheating is a serious offense, the penalty for which will result in failure for the paper or exam and may result in failure for the course.

**Disability and Accessibility:**

In compliance with Section 504 of the Rehabilitation Act of 1973, Huntington University makes reasonable accommodations for students with disabilities. The director of the Academic Center for Excellence (ACE) is the advocate and coordinator of services for students with disabilities at the University.

Any student who has a learning, orthopedic, sensory or psychiatric condition that substantially limits one or more major life activities and who would benefit from accommodations may be eligible for assistance. Students may contact the ACE in person, by phone at 260-359-4290 or by e-mail at [ace@huntington.edu](mailto:ace@huntington.edu) for more information".

All discussion posts should at least be 250 words (one page averages 250 words, which is 15 to 20 sentences). Posts should be made by 11:55 PM (ET) on the date indicated. No responses are required.

The final reflection should be 3 to 5 pages or 750 to 1,125 words.

**For Friday, August 16**

Learning Objective 1: The importance of Attachment in building healthy character

Students will begin to understand our need for attachment and how we may hide from our need for attachment.

**Activities:**

1. Read chapters 4 and 13 in *Hiding from love: Our need for attachment and Hiding from attachment*
  2. Watch the video from Dr. Jerry Davis about the JoHari window and how it can increase self-awareness (posted on Moodle course website)
- Discussion 1 (Ch 4) (100 pts) (Chapter 4)
  - Discussion 2 (Ch 13) (100 pts) (Chapter 13)

**For Saturday, August 17**

Learning Objective 2: The importance of Separation in building healthy character

Students will begin to understand our need for separation and how we may hide from our need for separation.

**Activities:**

Read chapters 5 and 14 in *Hiding from love: Our need for separateness and Hiding from separateness*

- Discussion 3 (Ch 5) (100 pts) (Chapter 5)
- Discussion 4 (Ch 14) (100 pts) (Chapter 14)

**For Sunday, August 18**

Learning Objective 3: The importance of Integration in building healthy character

Students will begin to understand our need for integration (resolving good and bad in us and others) and how we may hide from our need for integration.

**Activities:**

Read chapters 6 and 15 in *Hiding from love*: Our need for resolving good and bad and Hiding from our good and bad selves.

- Discussion 5 (Ch 6) (100 pts) (Chapter 6)
- Discussion 6 (Ch 15) (100 pts) (Chapter 15)

**For Monday, August 19****Learning Objective 4: The importance of Adulthood in building healthy character**

Students will begin to understand our need for adulthood and how we may hide from our need for adulthood.

**Activities:**

Read chapters 7 and 16 in *Hiding from love*: Our need for authority and adulthood, and Hiding from authority and adulthood

- Discussion 7 (Ch 7) (100 pts) (Chapter 7)
- Discussion 8 (Ch 16) (100 pts) (Chapter 16)

**For Friday, August 30****Learning Objective 5: Reflecting on your process group experience**

Students will have opportunity to write about some of the most important insights and experiences they gained from their process groups

- Final Reflection (200 pts)