

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

**SPORT & EXERCISE STUDIES
B.S. DEGREE**

Advisor: Drs. Ruiz and Anderson

Fall 2015			Spring 2016		
<u>EX 111:</u>	<u>Foundations of Exercise Science</u>	3	<u>EX 151:</u>	<u>Health & Fitness</u>	3
PH 111:	Physics & the Modern World ³	4	CH141:	Intro to Biological Chemistry ³	4
HS 115:	Hist Persp on Cult & Civ I	3	PY 111:	Introduction to Psychology ¹	3
EN 121:	Academic Writing and Research	3	HS 116:	Hist Persp on Cult & Civ II	3
EX 101:	Wellness for Life	2	EN 151:	Perspectives on Literature	3
total 15			total 16		
Fall 2016			Spring 2017		
BA 252:	Business Organization & Mgmt	3	BI 242:	Human Anatomy & Physiology II	4
BI 241:	Human Anatomy & Physiology I	4	EX 271:	Nutrition	3
EX 287:	Medical Terminology ⁷	1	BR 111:	Biblical History & Literature	3
SO 111:	Principles of Sociology ¹	3	CO 215:	Public Speaking	3
MI 285:	Core Curriculum Christian Faith	3	115:	Introduction to AR/DM/MU/TH	2
	Creative Studio Arts	1			
total 15			total 15		
Fall 2017			Spring 2018		
EX 318:	Sport & Exercise Psychology ⁵	3	* BA 341:	Organizational Communication	3
EX 321/L:	Exercise Physiology and Lab	4	BR333TB:	Theological Bioethics ⁴	3
EX 326:	Prev & Care of Athletic Injuries	3	EX 311:	Struct Kinesiology & Biomechanics	3
PY 351:	Social Psychology	3	MA 151:	Intro to Probability and Statistics ²	4
	Elective	3	* RC 416:	Grant Proposal Writing & Fund	2
total 16			total 15		
Fall 2018			Spring 2019		
EX 443:	Intro to Research in Kinesiology	3	EX 431	Principles of Strength & Cond	3
PY 461:	Abnormal Psychology	3	EX 465:	Senior Sem in Exercise Prescrip	3
* RC 221:	Private & Commercial Rec	3	EX 495:	Internship in Exercise Science ⁷	3
PL____:	Introduction to Philosophy/Ethics	3		Electives	6
	Elective	3			
total 15			total 15		

NOTES:

- SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
- MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
- CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
- BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
- One course must be taken from EX 318, 425, 428, or 452.
- Students must take EX 395 Practicum in Exercise Science (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
- EX 287 may be taken during J-Term. EX 395 may be taken during J-Term of the sophomore year. EX 495 may be taken during J-Term of the senior year.
- Students are required to show evidence of CPR certification as a requirement for graduation.