

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

SPORT & EXERCISE STUDIES
B.S. DEGREE

Advisor: Dr. Ruiz

Fall 2011			Spring 2012		
<u>EX 111:</u>	<u>Foundations of Exercise Science</u>	3	<u>CH141:</u>	<u>Intro to Biological Chemistry</u> ³	4
<u>PH 111:</u>	<u>Physics & the Modern World</u> ³	4	<u>PY 111:</u>	<u>Introduction to Psychology</u> ¹	3
HS 115:	Hist Persp on Cult & Civ I	3	HS 116:	Hist Persp on Cult & Civ II	3
EN 121:	Academic Writing and Research	3	EN 151:	Perspectives on Literature	3
PE 110:	Introduction to Physical Wellness	1	BR 111:	Biblical History & Literature	3
115:	Introduction to AR/MU/TH	2			
	total	16		total	16
Fall 2012			Spring 2013		
<u>EX 187:</u>	<u>Medical Terminology</u> ⁶	1	<u>MA 151:</u>	<u>Intro to Probability and Statistics</u> ²	4
<u>BI 241:</u>	<u>Human Anatomy & Physiology I</u>	4	<u>EX 395:</u>	<u>Practicum in Exercise Science</u> ⁶	3
<u>SO 111:</u>	<u>Principles of Sociology</u> ¹	3	<u>BI 242:</u>	<u>Human Anatomy & Physiology II</u>	4
<u>BA 252:</u>	<u>Business Organization & Mgmt</u>	3	<u>PL ____:</u>	Introduction to Philosophy/Ethics	3
<u>MI 285:</u>	Core Curriculum Christian Faith	3		Creative Studio Arts	1
	total	14		total	15
Fall 2013			Spring 2014		
* <u>EX 226:</u>	<u>Prev & Care of Athletic Injuries</u>	3	* <u>EX 271:</u>	<u>Nutrition</u>	3
* <u>EX 318:</u>	<u>Sports & Exercise Psychology</u>	3	* <u>EX 443:</u>	<u>Intro to Research in Kinesiology</u>	3
* <u>PE 351:</u>	<u>Community and School Health</u>	3	* <u>BA 341:</u>	<u>Organizational Communication</u>	3
* <u>PY 461:</u>	<u>Abnormal Psychology</u>	3	<u>BR333TB:</u>	<u>Theological Bioethics</u> ⁴	3
CO 215:	Public Speaking	3		Elective	3
PE 111:	Physical Education Activities	1			
	total	16		total	15
Fall 2014			Spring 2015		
* <u>EX 311:</u>	<u>Struct Kinesiology & Biomechanics</u>	3	* <u>EX 329:</u>	<u>Applied Exercise Physiology</u>	3
* <u>EX 321:</u>	<u>Exercise Physiology</u>	3	<u>EX 465:</u>	<u>Senior Sem in Exercise Prescrip</u>	3
* <u>RC 211:</u>	<u>Community Rec & Youth Agencies</u> ⁵	3	<u>EX 495:</u>	<u>Internship in Exercise Science</u> ⁶	4
<u>PY 351:</u>	<u>Social Psychology</u>	3	<u>RC 221:</u>	<u>Private & Commercial Rec</u> ⁵	3
	Electives	3	* <u>PE431STR:</u>	<u>Coaching of Strength & Condition</u>	2
	total	15		total	15

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Two courses must be taken from: RC 211, 221 or 416.
6. EX 187 may be taken during J-Term. EX 395 may be taken during J-Term of the sophomore year. EX 495 may be taken during J-Term of the senior year.
7. Students are required to show evidence of first aid-CPR certification as a requirement for graduation.