

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

SPORT & EXERCISE STUDIES
B.S. DEGREE

Advisor: Dr. Ruiz

Fall 2013			Spring 2014		
<u>EX 111:</u>	<u>Foundations of Exercise Science</u>	3	<u>CH141:</u>	<u>Intro to Biological Chemistry</u> ³	4
<u>PH 111:</u>	<u>Physics & the Modern World</u> ³	4	<u>PY 111:</u>	<u>Introduction to Psychology</u> ¹	3
HS 115:	Hist Persp on Cult & Civ I	3	HS 116:	Hist Persp on Cult & Civ II	3
EN 121:	Academic Writing and Research	3	EN 151:	Perspectives on Literature	3
PE 110:	Introduction to Physical Wellness	1	BR 111:	Biblical History & Literature	3
115:	Introduction to AR/MU/TH	2			
	total	16		total	16
Fall 2014			Spring 2015		
<u>BA 252:</u>	<u>Business Organization & Mgmt</u>	3	<u>BI 242:</u>	<u>Human Anatomy & Physiology II</u>	4
<u>BI 241:</u>	<u>Human Anatomy & Physiology I</u>	4	<u>EX 271:</u>	<u>Nutrition</u>	3
<u>EX 287:</u>	<u>Medical Terminology</u> ⁶	1	<u>EX 311:</u>	<u>Struct Kinesiology & Biomechanics</u>	3
<u>SO 111:</u>	<u>Principles of Sociology</u> ¹	3	<u>EX 395:</u>	<u>Practicum in Exercise Science</u> ⁶	3
MI 285:	Core Curriculum Christian Faith	3		Creative Studio Arts	1
PE 111:	Physical Education Activities	1			
	total	15		total	14
Fall 2015			Spring 2016		
<u>EX 318:</u>	<u>Sports & Exercise Psychology</u>	3	* <u>BA 341:</u>	<u>Organizational Communication</u>	3
<u>EX 321:</u>	<u>Exercise Physiology</u>	3	<u>BR333TB:</u>	<u>Theological Bioethics</u> ⁴	3
* <u>PE 351:</u>	<u>Community and School Health</u>	3	<u>EX 329:</u>	<u>Applied Exercise Physiology</u>	3
<u>PY 351:</u>	<u>Social Psychology</u>	3	<u>MA 151:</u>	<u>Intro to Probability and Statistics</u> ²	4
CO 215:	Public Speaking	3		Elective	3
	total	15		total	16
Fall 2016			Spring 2017		
<u>EX 326:</u>	<u>Prev & Care of Athletic Injuries</u>	3	<u>EX 465:</u>	<u>Senior Sem in Exercise Prescrip</u>	3
<u>EX 443:</u>	<u>Intro to Research in Kinesiology</u>	3	<u>EX 495:</u>	<u>Internship in Exercise Science</u> ⁶	4
<u>PY 461:</u>	<u>Abnormal Psychology</u>	3	* <u>PE431STR:</u>	<u>Coaching of Strength & Condition</u>	2
* <u>RC 211:</u>	<u>Community Rec & Youth Agencies</u> ⁵	3	<u>RC 221:</u>	<u>Private & Commercial Rec</u> ⁵	3
<u>PL_____:</u>	Introduction to Philosophy/Ethics	3		Elective	3
	total	15		total	15

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Two courses must be taken from: RC 211, 221 or 416.
6. EX 287 may be taken during J-Term. EX 395 may be taken during J-Term of the sophomore year. EX 495 may be taken during J-Term of the senior year.
7. Students are required to show evidence of first aid-CPR certification as a requirement for graduation.

*Indicates alternating year course.

Underlining indicates required for major.