

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

**SPORT & EXERCISE STUDIES  
B.S. DEGREE**

**Advisor: Dr. Ruiz**

Fall 2014			Spring 2015		
<u>EX 111:</u>	<u>Foundations of Exercise Science</u>	3	<u>EX 151:</u>	<u>Health &amp; Fitness</u>	3
<u>PH 111:</u>	<u>Physics &amp; the Modern World<sup>3</sup></u>	4	<u>CH141:</u>	<u>Intro to Biological Chemistry<sup>3</sup></u>	4
<u>HS 115:</u>	<u>Hist Persp on Cult &amp; Civ I</u>	3	<u>PY 111:</u>	<u>Introduction to Psychology<sup>1</sup></u>	3
<u>EN 121:</u>	<u>Academic Writing and Research</u>	3	<u>HS 116:</u>	<u>Hist Persp on Cult &amp; Civ II</u>	3
<u>EX 101:</u>	<u>Wellness for Life</u>	2	<u>EN 151:</u>	<u>Perspectives on Literature</u>	3
<b>total 15</b>			<b>total 16</b>		
Fall 2015			Spring 2016		
<u>BA 252:</u>	<u>Business Organization &amp; Mgmt</u>	3	<u>BI 242:</u>	<u>Human Anatomy &amp; Physiology II</u>	4
<u>BI 241:</u>	<u>Human Anatomy &amp; Physiology I</u>	4	<u>EX 271:</u>	<u>Nutrition</u>	3
<u>EX 287:</u>	<u>Medical Terminology<sup>7</sup></u>	1	<u>BR 111:</u>	<u>Biblical History &amp; Literature</u>	3
<u>SO 111:</u>	<u>Principles of Sociology<sup>1</sup></u>	3	<u>CO 215:</u>	<u>Public Speaking</u>	3
<u>MI 285:</u>	<u>Core Curriculum Christian Faith</u>	3	<u>115:</u>	<u>Introduction to AR/DM/MU/TH</u>	2
	<u>Creative Studio Arts</u>	1			
<b>total 15</b>			<b>total 15</b>		
Fall 2016			Spring 2017		
<u>EX 318:</u>	<u>Sport &amp; Exercise Psychology<sup>5</sup></u>	3	* <u>BA 341:</u>	<u>Organizational Communication</u>	3
<u>EX 321:</u>	<u>Exercise Physiology</u>	3	<u>BR333TB:</u>	<u>Theological Bioethics<sup>4</sup></u>	3
<u>EX 326:</u>	<u>Prev &amp; Care of Athletic Injuries</u>	3	<u>EX 311:</u>	<u>Struct Kinesiology &amp; Biomechanics</u>	3
<u>PY 351:</u>	<u>Social Psychology</u>	3	<u>EX 329:</u>	<u>Applied Exercise Physiology</u>	3
* <u>RC 221:</u>	<u>Private &amp; Commercial Rec</u>	3	<u>MA 151:</u>	<u>Intro to Probability and Statistics<sup>2</sup></u>	4
<b>total 15</b>			<b>total 16</b>		
Fall 2017			Spring 2018		
<u>EX 443:</u>	<u>Intro to Research in Kinesiology</u>	3	<u>EX 465:</u>	<u>Senior Sem in Exercise Prescrip</u>	3
<u>PY 461:</u>	<u>Abnormal Psychology</u>	3	<u>EX 495:</u>	<u>Internship in Exercise Science<sup>7</sup></u>	3
<u>PL_____:</u>	<u>Introduction to Philosophy/Ethics</u>	3	<u>EX 431:</u>	<u>Principles of Strength &amp; Cond</u>	3
	<u>Electives</u>	6	* <u>RC 416:</u>	<u>Grant Proposal Writing &amp; Fund</u>	2
				<u>Elective</u>	4
<b>total 15</b>			<b>total 15</b>		

**NOTES:**

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. One course must be taken from EX 318, 428, or 452.
6. Students must take EX 395 Practicum in Exercise Science (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
7. EX 287 may be taken during J-Term. EX 395 may be taken during J-Term of the sophomore year. EX 495 may be taken during J-Term of the senior year.
8. Students are required to show evidence of CPR certification as a requirement for graduation.

\*Indicates alternating year course.

Underlining indicates required for major.