

Note that this is a "Typical Program." Actual programs will vary. See the Academic Catalog for official details.

**SPORT & EXERCISE STUDIES
B.S. DEGREE**

Advisor: Dr. Miller

Fall 2016			Spring 2017		
<u>EX 111:</u>	<u>Foundations of Exercise Science</u>	3	<u>EX 151:</u>	<u>Health & Fitness</u>	3
<u>PH 111:</u>	<u>Physics & the Modern World³</u>	4	<u>CH141:</u>	<u>Intro to Biological Chemistry³</u>	4
<u>HS 115:</u>	<u>Hist Persp on Cult & Civ I</u>	3	<u>PY 111:</u>	<u>Introduction to Psychology¹</u>	3
<u>EN 121:</u>	<u>Academic Writing and Research</u>	3	<u>HS 116:</u>	<u>Hist Persp on Cult & Civ II</u>	3
<u>EX 101:</u>	<u>Wellness for Life</u>	2	<u>EN 151:</u>	<u>Perspectives on Literature</u>	3
total 15			total 16		
Fall 2017			Spring 2018		
<u>BA 252:</u>	<u>Business Organization & Mgmt</u>	3	<u>BI 242:</u>	<u>Human Anatomy & Physiology II</u>	4
<u>BI 241:</u>	<u>Human Anatomy & Physiology I</u>	4	<u>EX 271:</u>	<u>Nutrition</u>	3
<u>EX 287:</u>	<u>Medical Terminology⁷</u>	1	<u>BR 111:</u>	<u>Biblical History & Literature</u>	3
<u>SO 111:</u>	<u>Principles of Sociology¹</u>	3	<u>CO 215:</u>	<u>Public Speaking</u>	3
<u>MI 285:</u>	<u>Core Curriculum Christian Faith</u>	3	<u>115:</u>	<u>Introduction to AR/DM/MU/TH</u>	2
	<u>Creative Studio Arts</u>	1			
total 15			total 15		
Fall 2018			Spring 2019		
<u>EX 321/L:</u>	<u>Exercise Physiology and Lab</u>	4	<u>BR333TB:</u>	<u>Theological Bioethics⁴</u>	3
<u>EX 326:</u>	<u>Prev & Care of Athletic Injuries</u>	3	<u>EX 311:</u>	<u>Struct Kinesiology & Biomech</u>	3
<u>PY 351:</u>	<u>Social Psychology</u>	3	<u>MA 151:</u>	<u>Intro to Probability and Statistics²</u>	4
	<u>Sport & Exercise Elective⁵</u>	3		<u>Sport & Exercise Elective⁵</u>	2-3
	<u>Elective</u>	3		<u>Elective</u>	3
total 16			total 15-16		
Fall 2019			Spring 2020		
<u>EX 443:</u>	<u>Intro to Research in Kinesiology</u>	3	* <u>BA 341:</u>	<u>Organizational Communication</u>	3
<u>PY 461:</u>	<u>Abnormal Psychology</u>	3	<u>EX 431:</u>	<u>Principles of Strength & Cond</u>	3
	<u>Sport & Exercise Elective⁵</u>	3	<u>EX 465:</u>	<u>Senior Sem in Exercise Prescrip</u>	3
<u>PL____:</u>	<u>Introduction to Philosophy/Ethics</u>	3	<u>EX 495:</u>	<u>Internship in Exercise Science⁷</u>	3
	<u>Elective</u>	3		<u>Elective</u>	3
total 15			total 15		

NOTES:

1. SO 111 and PY 111 are necessary and will fulfill the core social science requirement for this major.
2. MA 151 Probability and Statistics is necessary and will fulfill the core math requirement.
3. CH 141 and PH 111 are necessary and will fulfill the core natural science requirements for this major.
4. BR 333TB Theological Bioethics is necessary and will fulfill the core non-introductory Bible requirement.
5. Three courses must be taken from EX 318, 395, 425, 428, 452, 490, 495, BI232/L, 311, 312, PY 230, PY321 (at least one course must be taken from EX 318, 425, 428, or 452).
6. Students must take EX 395 Practicum in Exercise Science (2 hours) as one of their required January Terms. (Recommended to be taken during the sophomore year.)
7. EX 287 may be taken during J-Term. EX 395 may be taken during J-Term of the sophomore year. EX 495 may be taken during J-Term of the senior year.
8. Students are required to show evidence of CPR certification as a requirement for graduation.