

## Huntington University Quarantine Response for Community Health

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As a Christ-centered institution, Huntington University holds its community member's well-being as one of its highest priorities. To that end, all members of the Forester Family are encouraged to exercise care for themselves and one another. The onset of the Novel Corona Virus (COVID-19) has created numerous challenges for everyone. As the Forester Family prepares to return, we acknowledge that our experience as a community will be quite different. Much will be required of us all in order to successfully navigate the new realities presented by the current pandemic. In some cases, and for the safety of all, a student may be asked to quarantine for a period of time. Here, you will find criteria and protocols for the quarantine of students.

### Who should be in quarantine?

If you, or your health care provider, a university official or someone at your local health department has reason to believe you may have been exposed to COVID-19, you may be asked to quarantine, which means staying in a specific designated location (i.e., your home, Forester Village or Hardy Hall\*) away from others, for the purpose of observing and monitoring your health status for the development of symptoms. In addition, international students may be asked to quarantine upon arrival to the United States. Guidance on international students and quarantine is still being reviewed.

Typically, a COVID-19-related quarantine lasts for 14 days, but this length may vary if directed by your health care provider, university official or the local health department.

While in quarantine, testing will be required to determine if the student does have COVID-19.

While in quarantine, students will have access to their courses virtually.

If you do not have an appropriate living space in which to self-quarantine, the Student Life Office or HU Arizona and HU Fort Wayne staff will help you think through alternative arrangements.

### Follow these rules while you are in quarantine:

You can still connect with friends and family via computer and phone. However, it's important you do not break quarantine for 14 days, or until approved by your health care provider, university official or the health department. All health care related approvals must be submitted to the Student Life Office.

### Limits that apply to you during your time in quarantine:

- **Do not** leave your quarantine location for any non-essential reason. Attending class while in quarantine is not considered essential.
- **Do not** go to restaurants, shopping centers or any campus public spaces.
- **Do not** have friends or family with you in your isolation room or apartment, unless they have been approved by a university official.

- **Do** wear a face mask if you need to use a shared bathroom, go to a health care appointment, etc.
- **Meals will** be delivered each day to all students living in campus housing at the Huntington, Indiana location.

### **Monitor your symptoms – symptoms related to COVID-19 include:**

- fever (above 100.4 °F)
- cough
- shortness of breath

While in quarantine, it is important that you take your temperature daily and record any symptoms on a health log. If you develop a fever (above 100.4 °F) or need medical triage or other assistance while in quarantine, students in residential housing at the Huntington, Indiana, campus, should contact Brian Jaworski at (509) 868-5366. Brian or his staff can determine if you are able to leave campus.

### **Health care supplies**

You should have the following supplies with you during the time you are in quarantine:

- Digital thermometer (for daily use)
- Temperature & symptom log (see sample on this page)
- Hand sanitizer (for times you can't wash)
- Alcohol wipes (for cleaning, as needed)
- Face masks (when available) to wear if in a shared space, or to a health care appointment if needed

*\*For use by students quarantining at the Huntington, Indiana, campus who share an apartment in Forester Village or live in another University residence hall*